



The dominant role of excitation diffusion in energy transfer upconversion of Lu₂O₃: Tm³⁺, Yb³⁺

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ABSTRACT

Emission spectra of Tm³⁺ and Yb³⁺ codoped Lu₂O₃ are studied as a function of the dopant concentration upon 980 nm excitation. The upconverted near infrared emission around 811 nm from Tm³⁺:³H₄→³H₆ transition is observed due to two step energy transfers from Yb³⁺ through Tm³⁺:³F₄ as the intermediate level. The optimal dopants concentrations for the strongest upconversion emission are 0.1 mol% Tm³⁺ and 4 mol% Yb³⁺. The dependence of energy transfer coefficients for the two step energy transfers on Tm³⁺ and/or Yb³⁺ concentration is studied. The obtained results indicate that the excitation diffusions among Yb³⁺ ions and among Tm³⁺ ions mainly control the energy transfer rates for the optimal dopants concentrations and thus dominate the energy transfer upconversion process.

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1. Introduction

Recently, Rare earth (RE) ions doped near infrared (NIR) to NIR upconversion luminescence (UCL) materials have drawn considerable attention for their potential applications in optical bioimaging in the NIR window (650–1000 nm) for biological tissues [1–7]. As with Er³⁺, Ho³⁺, Nd³⁺ ions, Tm³⁺ ion is widely used as an activator because of its complicate energy levels allowing the emission band vary from ultraviolet to infrared [8]. The combination of Tm³⁺ and Yb³⁺ forms one of the most attractive energy transfer upconversion (ETU) system [9–12]. In this system, Yb³⁺ acts as an efficient sensitizer upon NIR (980 nm) excitation due to its large absorption cross section [13,14] and Tm³⁺:³H₄ level can be populated by two steps energy transfer from Yb³⁺ and then generates intense shorter wavelength NIR emission at 811 nm originating from ³H₄→³H₆ transition, which matches well with the bio-optical window. The Tm³⁺ and Yb³⁺ codoped materials have been considered as one of the typical donor-acceptor systems for upconversion and infrared materials [15,16].

Oxide materials usually have stable chemical and thermal

properties and could be promising hosts for UCL [17–19]. As one of the rare earth sesquioxides, there have been some reports focusing on UV and NIR upconversion emissions in the range of 400–850 nm in Tm³⁺ and Yb³⁺ codoped Lu₂O₃, but the role of excitation diffusion in energy transfer process was rarely studied [20,21]. Since the donors and acceptors are randomly distributed in space, the distance between a donor and an acceptor also has a distribution. The direct energy transfer from a donor to a distant acceptor is ineffective, but the excitation energy of the donor can be efficiently transferred to the acceptor through excitation diffusion to another donor in the vicinity of the acceptor [22]. As a result, the excitation diffusion in heavily doped systems is notable, such as in heavily Yb³⁺ doped ETU materials. In Tm³⁺-Yb³⁺ ETU system the upconverted NIR emission is performed by two step energy transfers, i.e. the first step excitation from Tm³⁺:³H₆ to ³F₄ level and the second step excitation from Tm³⁺:³F₄ to ³H₄ level. It has been observed that each of the excitations by energy transfer is efficient even for low Tm³⁺ doping in some materials [23–25]. This means that the excitation diffusion may play an important role in promoting the energy transfer process.

In the present work, we have studied the downconversion and upconversion luminescence properties simultaneously in the range from 700 to 1700 nm upon 980 nm excitation as a function of Tm³⁺ or Yb³⁺ concentration in Lu₂O₃. Although researchers have carried out extensive studies on UV and NIR upconversion emissions in

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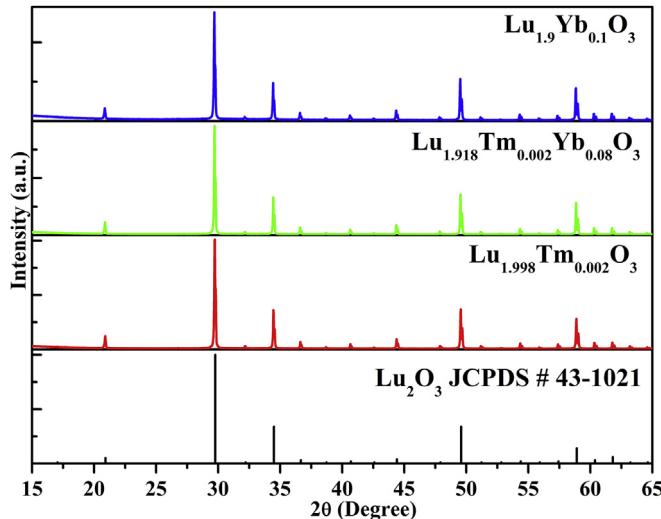


Fig. 1. XRD patterns of Tm^{3+} , Yb^{3+} singly and doubly doped Lu_2O_3 , the standard pattern of Lu_2O_3 (JCPDS 43–1021) is also presented for comparison.

Tm^{3+} and Yb^{3+} codoped materials, it should be mentioned that few of them pay attention to the downconversion emissions [26,27]. Since the first step dominates the upconversion process, the study of the $\text{Tm}^{3+}:\text{F}_4$ level is necessary for understanding the upconversion process. In our work, the strongest upconverted NIR emission from $\text{Tm}^{3+}:\text{H}_4 \rightarrow \text{H}_6$ transition around 811 nm appears at 0.1 mol% Tm^{3+} and 4 mol% Yb^{3+} . The dependence of the emission intensities of $\text{Tm}^{3+}:\text{F}_4$, H_4 levels and $\text{Yb}^{3+}:\text{F}_{5/2}$ level on Tm^{3+} and/or Yb^{3+} concentration is analyzed. Steady state equation model is adopted to understand the influence of excitation diffusion on the energy transfer rate in the two step energy transfers. The obtained results indicate that the excitation diffusions among Yb^{3+} ions and among Tm^{3+} ions substantially enhance the rate of energy transfer from Yb^{3+} to Tm^{3+} and thus dominate the ETU process.

2. Experimental

2.1. Sample preparation

Three series of samples $\text{Lu}_{2(0.95-x)}\text{Tm}_{2x}\text{Yb}_{0.1}\text{O}_3$ ($x = 0.0005$ –0.01), $\text{Lu}_{2(0.999-y)}\text{Tm}_{0.002}\text{Yb}_{2y}\text{O}_3$ ($y = 0$ –0.1) and $\text{Lu}_{2(0.999-y)}\text{Tm}_{0.002}\text{Yb}_{2y}\text{O}_3$ ($y = 0.005$ –0.1) were synthesized via the normal firing precursor method. The firing precursor is considered to be more favorable to obtain uniform and highly crystallized samples than the traditional solid-state reaction. The appropriate amounts of Lu_2O_3 (5N), Tm_2O_3 (5N) and Yb_2O_3 (6N) were first dissolved in dilute nitric acid (G.R.), to get the $\text{Lu}(\text{NO}_3)_3$, $\text{Tm}(\text{NO}_3)_3$ and $\text{Yb}(\text{NO}_3)_3$ solutions, respectively. $\text{Tm}(\text{NO}_3)_3$ and $\text{Yb}(\text{NO}_3)_3$ solutions with corresponding moles ratio were added into $\text{Lu}(\text{NO}_3)_3$ solution, and the mixed solution was stirred vigorously at room temperature to form a homogeneous solution. The resulting solution was dried at 95 °C for 24 h and then preheated at 700 °C for 3 h to remove the nitrate (NO_3^-). After grinding, the precursor was put into an alumina crucible and sintered at 1600 °C for 5 h in air.

$\text{Lu}_{2(0.95-x)}\text{Tm}_{2x}\text{Yb}_{0.1}\text{O}_3$ ($y = 0.005$ –0.1) were synthesized via the normal firing precursor method. The firing precursor is considered to be more favorable to obtain uniform and highly crystallized samples than the traditional solid-state reaction. The appropriate amounts of Lu_2O_3 (5N), Tm_2O_3 (5N) and Yb_2O_3 (6N) were first dissolved in dilute nitric acid (G.R.), to get the $\text{Lu}(\text{NO}_3)_3$, $\text{Tm}(\text{NO}_3)_3$ and $\text{Yb}(\text{NO}_3)_3$ solutions, respectively. $\text{Tm}(\text{NO}_3)_3$ and $\text{Yb}(\text{NO}_3)_3$ solutions with corresponding moles ratio were added into $\text{Lu}(\text{NO}_3)_3$ solution, and the mixed solution was stirred vigorously at room temperature to form a homogeneous solution. The resulting solution was dried at 95 °C for 24 h and then preheated at 700 °C for 3 h to remove the nitrate (NO_3^-). After grinding, the precursor was put into an alumina crucible and sintered at 1600 °C for 5 h in air.

2.2. Measurements and characterization

The crystal structure of samples were characterized by X-ray diffraction (XRD) (Rigaku D/max-rA power diffractometer using $\text{Cu K}\alpha$ ($\lambda = 1.54178 \text{ \AA}$) radiation). The emission spectra were measured using FLS920 spectrometer (Edinburgh Instruments, U.K.). In fluorescence lifetime measurements, an optical parametric oscillator (OPO) was used as an excitation source and the signal was detected by a Tektronix digital oscilloscope (TDS 3052). All the measurements were obtained at room temperature.

3. Results and discussion

The XRD patterns of the three representative Tm^{3+} and/or Yb^{3+} doped Lu_2O_3 samples are shown in Fig. 1. It is obvious that all the diffraction peaks of the samples can be well indexed to the cubic structure of Lu_2O_3 (JCPDS NO. 43–1021) and no detectable impurities are presented, indicating the formation of Lu_2O_3 pure phase.

The emission intensities as a function of Tm^{3+} and/or Yb^{3+} concentration are studied upon 980 nm excitation. Fig. 2a shows the emission spectra for a fixed Yb^{3+} concentration at 5 mol% and various Tm^{3+} concentrations (0.05–1 mol%) in Lu_2O_3 upon 980 nm diode laser excitation with a low output power density of 7 mW/mm². The upconverted NIR emission appears at 811 nm, originating from $\text{Tm}^{3+}:\text{H}_4 \rightarrow \text{H}_6$ transition. The typical $\text{Yb}^{3+}:\text{F}_{5/2} \rightarrow \text{F}_{7/2}$ emission in the range of 1000 nm–1200 nm and $\text{Tm}^{3+}:\text{F}_4 \rightarrow \text{H}_6$ emission around 1630 nm are also observed. It is noted that only a part of $\text{Tm}^{3+}:\text{F}_4 \rightarrow \text{H}_6$ emission is detected around 1630 nm because the In GaAs detector used has a cutoff wavelength of 1650 nm. The strongest upconverted emission occurs at 0.1 mol%

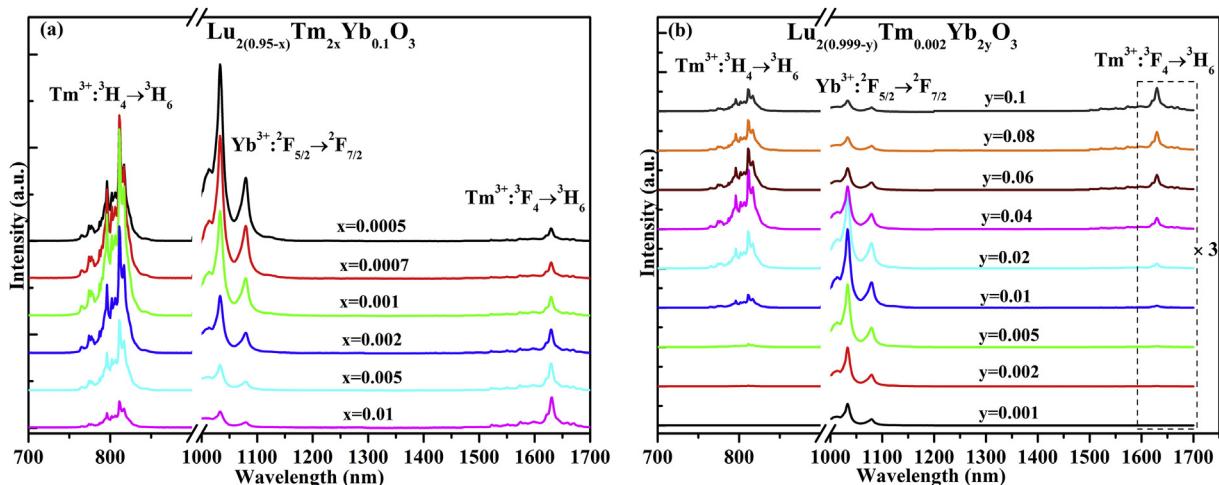


Fig. 2. Room temperature emission spectra of $\text{Lu}_{2(0.95-x)}\text{Tm}_{2x}\text{Yb}_{0.1}\text{O}_3$ ($x = 0.0005$ –0.01) (a) and $\text{Lu}_{2(0.999-y)}\text{Tm}_{0.002}\text{Yb}_{2y}\text{O}_3$ ($y = 0.001$ –0.1) (b) upon 980 nm excitation with a low pump density of 7 mW/mm².

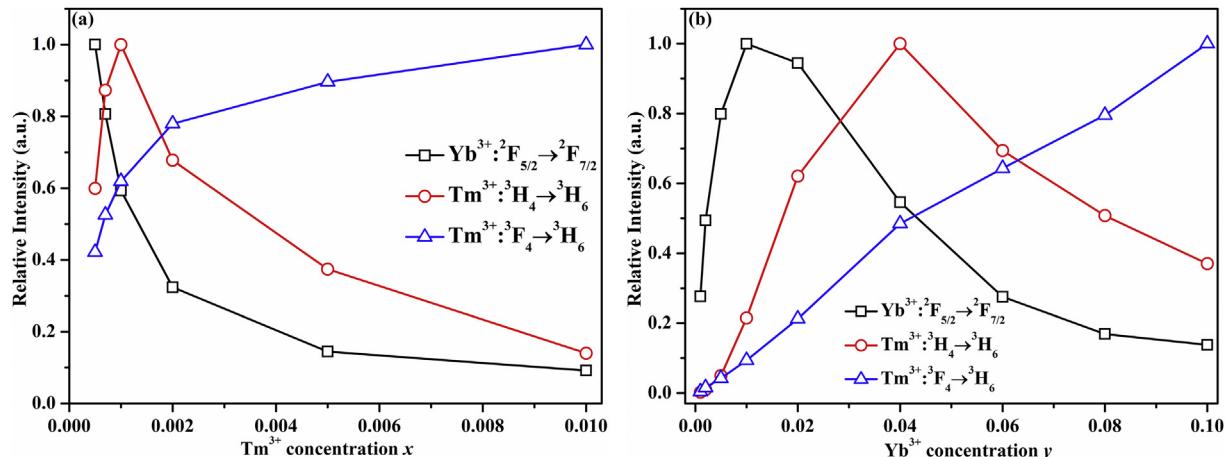


Fig. 3. Dependence of different emission intensities on Tm³⁺ doping concentration (a) and on Yb³⁺ doping concentration (b). The intensity of each transition is normalized by its maximum.

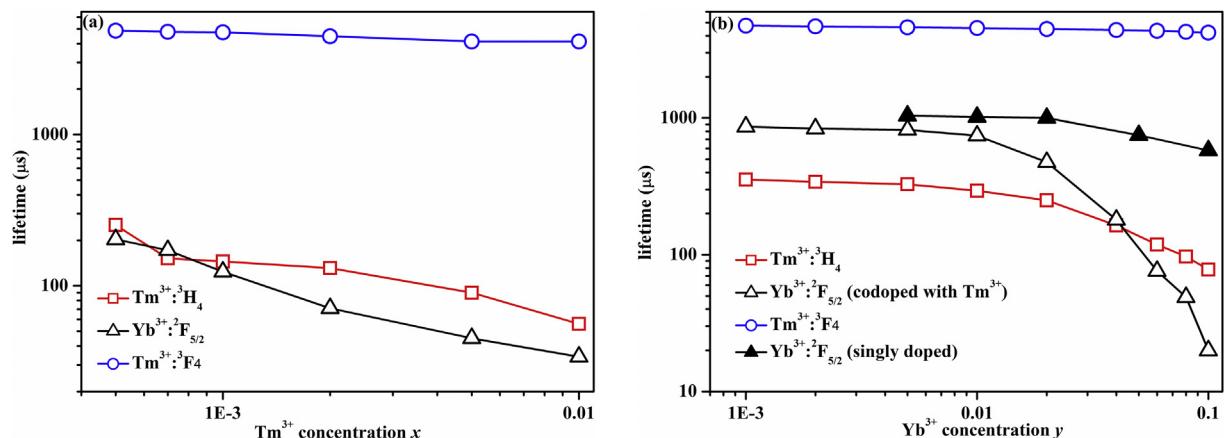


Fig. 4. Dependence of Yb³⁺,²F_{5/2} and Tm³⁺,³H₄,³F₄ levels lifetimes on Tm³⁺ concentration in Lu_{2(0.95-x)}Tm_{2x}Yb_{0.1}O₃ ($x = 0.0005\text{--}0.01$) (a) and on Yb³⁺ concentration in the sample series of Lu_{2(0.999-y)}Tm_{0.002}Yb_{2y}O₃ ($y = 0.001\text{--}0.1$) (b). The dependence of Yb³⁺,²F_{5/2} lifetimes on Yb³⁺ concentration for the sample series of Lu_{2(1-y)}Yb_{2y}O₃ ($y = 0.005\text{--}0.1$) is also shown in (b).

Tm³⁺. Accordingly, another sample series with a fixed Tm³⁺ concentration at 0.1 mol% and various Yb³⁺ concentrations ($y = 0.001\text{--}0.1$) are prepared and their emission spectra are shown in Fig. 2b. The strongest upconverted NIR emission is observed at 4 mol% Yb³⁺. Fig. 3 shows the dependence of the emission intensities for Tm³⁺:³H₄→³H₆,³F₄→³H₆ transitions, and Yb³⁺:²F_{5/2}→²F_{7/2} transition on Tm³⁺ concentration and Yb³⁺ concentration. For the sample series of fixed 5 mol% Yb³⁺ concentration (Fig. 3a), one can find the enhancement of Tm³⁺:³F₄→³H₆ emission on increasing Tm³⁺ concentration along with the decrease of Yb³⁺ emission, indicating the enhanced energy transfer due to the increased acceptor concentration. For the sample series of fixed 0.1 mol% Tm³⁺ concentration (Fig. 3b), it can be found that the intensity of Yb³⁺ emission increases with Yb³⁺ concentration and reaches the maximum at $y = 0.01$ and then decreases rapidly. Meanwhile, Tm³⁺:³F₄→³H₆ emission always keeps growing up, meaning the enhanced energy transfer from Yb³⁺ to Tm³⁺. In view of the fixed Tm³⁺ concentration, the enhancement of energy transfer can be attributed to the quickened excitation diffusion among Yb³⁺ ions.

One may wonder if the rapid decrease of the emission intensity of Yb³⁺ for $y > 0.01$ results from Yb³⁺ self-quenching [28,29]. However, we notice that the fluorescence lifetimes of Yb³⁺ are

shortened much less for Yb³⁺ singly doping than for Yb³⁺ and 0.1 mol% Tm³⁺ codoping with the Yb³⁺ concentration higher than 0.01, as shown in Fig. 4b. This indicates that the rapid decrease of Yb³⁺ emission in the codoped samples is mainly due to enhanced energy transfer to Tm³⁺ rather than Yb³⁺ self-quenching.

Fig. 4a and b shows the dependence of lifetimes of Yb³⁺,²F_{5/2} level and Tm³⁺,³H₄,³F₄ levels on Tm³⁺ and Yb³⁺ concentrations in the sample series of Lu_{2(0.95-x)}Tm_{2x}Yb_{0.1}O₃ ($x = 0.0005\text{--}0.01$) and Lu_{2(0.999-y)}Tm_{0.002}Yb_{2y}O₃ ($y = 0\text{--}0.1$), respectively. The above lifetimes are summarized in Tables 1 and 2.

From Fig. 4, one can find that the lifetimes of Tm³⁺,³F₄ level are weakly dependent on the dopant concentration. In Fig. 4a the lifetimes of Tm³⁺,³H₄ level decrease with the increase of Tm³⁺ concentration, which is mainly caused by the cross relaxation process between Tm³⁺ ions, described as: (Tm³⁺,³H₄, Tm³⁺,³H₆)→(Tm³⁺,³F₄, Tm³⁺,³F₄) [30]. Meanwhile, the rapid shortening of the lifetime of Yb³⁺,²F_{5/2} level with increasing Tm³⁺ concentration reflects the enhanced Yb³⁺→Tm³⁺ energy transfer. The efficiency of energy transfer can be calculated by

$$\eta = 1 - \frac{\tau}{\tau_0} \quad (1)$$

where τ and τ_0 are the excited state lifetimes of donor in the

Table 1

The lifetimes and energy transfer efficiencies (η_{ET}) in $\text{Lu}_{2(0.95-x)}\text{Tm}_{2x}\text{Yb}_{0.1}\text{O}_3$ ($x = 0.0005\text{--}0.01$).

x	Tm ³⁺ : ³ H ₄ (μs)	Yb ³⁺ : ² F _{5/2} (μs)	η_{ET} (%)
	$\lambda_{EX} = 683 \text{ nm}$	$\lambda_{EX} = 972 \text{ nm}$	
	$\lambda_{EM} = 811 \text{ nm}$	$\lambda_{EM} = 1033 \text{ nm}$	
0.0005	252	203	73
0.0007	152	172	77
0.001	145	124	83
0.002	131	71	91
0.005	90	45	94
0.01	56	34	95

Table 2

The lifetimes and energy back transfer efficiencies (η_{EBT}) in $\text{Lu}_{2(0.999-y)}\text{Tm}_{0.002}\text{Yb}_{2y}\text{O}_3$ ($y = 0.001\text{--}0.1$).

y	Tm ³⁺ : ³ H ₄ (μs)	Tm ³⁺ : ³ H ₄	Yb ³⁺ : ² F _{5/2} (μs)
	$\lambda_{EX} = 683 \text{ nm}$	$\lambda_{EX} = 972 \text{ nm}$	$\lambda_{EM} = 1033 \text{ nm}$
	$\lambda_{EM} = 811 \text{ nm}$	η_{EBT} (%)	$\lambda_{EM} = 1033 \text{ nm}$
0	360		865
0.001	355	1	
0.002	342	5	838
0.005	328	9	820
0.01	294	18	744
0.02	250	31	476
0.04	164	54	180
0.06	119	67	76
0.08	97	73	49
0.1	78	78	20

presence and in the absence of acceptor, respectively. The calculated efficiencies of energy transfer from Yb³⁺ to Tm³⁺ using Eq. (1) are listed in Table 1. For the series of sample with a fixed 5 mol% Yb³⁺, η_{ET} can reach 95% for Tm³⁺ concentration at $x = 0.01$.

In Fig. 4b, the decrease of the lifetimes of Tm³⁺:³H₄ level is observed with the increase of Yb³⁺ concentration, which is caused by the nonresonant energy back transfer from Tm³⁺ to Yb³⁺, described as (Tm³⁺:³H₄, Yb³⁺:²F_{7/2}) → (Tm³⁺:³H₆, Yb³⁺:²F_{5/2}) [15,23]. The energy back transfer efficiency (η_{EBT}) can be calculated by Eq. (1) and the values are listed in Table 2. It is obvious that the efficiency η_{EBT} increases with increasing Yb³⁺ concentration, and reaches 78% when $y = 0.1$.

Fig. 5 shows the energy level diagram with two step energy transfers involved in the upconverted NIR emission of Tm³⁺ and Yb³⁺ codoped system. In the first step, Tm³⁺:³H₅ level is populated from the ground state ³H₆ and then relaxes down to the ³F₄ level. In the second step, the Tm³⁺:³F₄ level is further excited to the ³F_{2,3} level, which rapidly relaxes down to the ³H₄ level. To understand the important influence of excitation diffusion on the energy transfer rates in the two step energy transfers, the dependence of the emission intensities on dopant concentration (see Fig. 3) is analyzed as follows.

In the first step energy transfer upon continuous 980 nm excitation, the state populations n_1 for Tm³⁺:³F₄ level, n_0 for the ground ³H₆ level of Tm³⁺ and n_d for Yb³⁺:²F_{5/2} level satisfy

$$\frac{n_1}{\tau_1} = (c_1 n_0 + k_1 n_d) n_d \quad (2)$$

where τ_1 is the lifetime of Tm³⁺:³F₄ level, c_1 is the coefficient for the first step energy transfer rate in the absence of excitation diffusion among Yb³⁺ ions, k_1 is the coefficient for the additional transfer rate in the presence of excitation diffusion among Yb³⁺ ions and it thus depends on Yb³⁺ concentration. The terms in the brackets are the

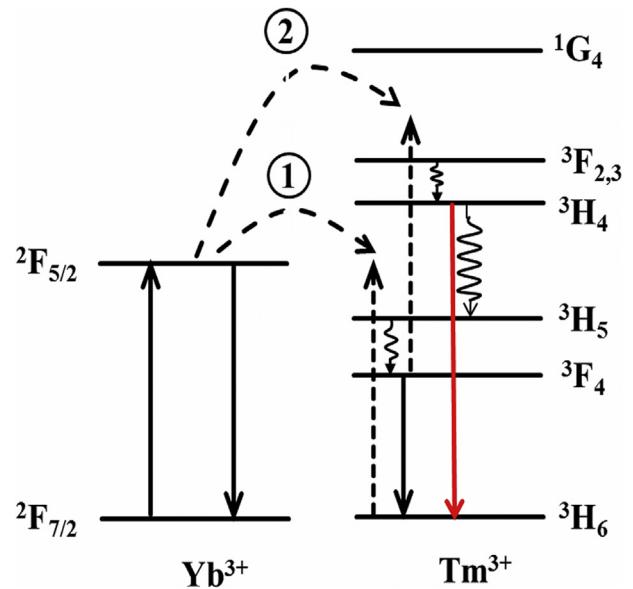


Fig. 5. Energy level diagrams and upconversion mechanisms in Tm³⁺ and Yb³⁺ codoped materials under 980 nm excitation.

total transfer rate. For weak excitation in the present work, n_0 is close to the Tm³⁺ concentration x .

According to Eq. (2), the coefficient c_1+k_1 is thus proportional to $\text{Tm}^{3+}(\text{³F}_4)/[\text{Yb}^{3+}(\text{²F}_{5/2})x\tau_1]$, where Tm³⁺(³F₄) and Yb³⁺(²F_{5/2}) are the intensities of Tm³⁺:³F₄ → ³H₆ and Yb³⁺:²F_{5/2} → ²F_{7/2} emissions, respectively. Based on the data in Fig. 3, the variation of the ratio c_1+k_1 with Tm³⁺ and Yb³⁺ concentrations are obtained and plotted in Fig. 6a and b, respectively. It exhibits that c_1+k_1 increases little with the increase of Tm³⁺ concentration from 0.0005 to 0.01, but it increases quadratically by 500 times with increasing Yb³⁺ concentration from $y = 0.001$ to 0.1. The quadratic increase makes c_1+k_1 increase by 14.5 times for $y = 0.02$, 60 times for $y = 0.04$, and 160 times for $y = 0.06$, meaning $k_1 \gg c_1$ for $y > 0.02$. In the theory of energy transfer [22], k_1 is dependent on Yb³⁺ concentration but independent on Tm³⁺ concentration; c_1 is proportional to x for high Tm³⁺ concentration but independent on Yb³⁺ concentration. Therefore, the little increase of c_1+k_1 with increasing x for a fixed 5 mol% Yb³⁺ is due to $k_1 \gg c_1$. The quadratic increase indicates that k_1 is proportional to y^2 . According to Dexter's theory for concentration quenching [22], the energy transfer rate is the product of y^2 and a coefficient which may be related to y . If the acceptor acts as a quencher that can completely quench the donor within a constant distance as described by Perrin model [31], the energy transfer rate is proportional to the product of y^2 and x , hence k_1 is proportional to y^2 from Eq. (2). The acceptors in Perrin model perhaps interact with donors by exchange mechanism.

In the second step energy transfer, we have

$$\frac{n_2}{\tau_2} = (c_2 n_1 + k_2 n_1 + l_2 n_1) n_d \quad (3)$$

where n_2 and τ_2 are the population and lifetime of Tm³⁺:³H₄ level, respectively, c_2 is the coefficient for the second step energy transfer rate in the absence of excitation diffusion among Yb³⁺ ions, k_2 is the coefficient for the additional transfer rate in the presence of excitation diffusion among Yb³⁺ ions, and l_2 is the coefficient for the additional transfer rate in the presence of excitation diffusion in the excited state of Tm³⁺:³F₄ level, depending on Tm³⁺ concentration. From Eq. (3) the ratio $n_2/(n_d n_1 \tau_2)$ is proportional to $c_2+k_2+l_2$, of which the dependence on Tm³⁺ concentration and Yb³⁺

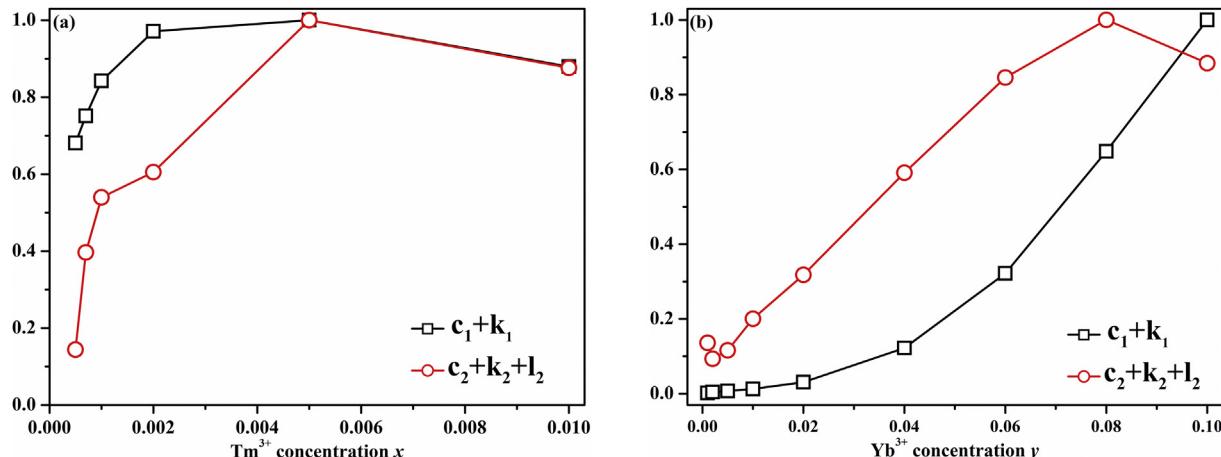


Fig. 6. Dependence of total coefficients c_1+k_1 and $c_2+k_2+l_2$ on Tm^{3+} concentration (a) and on Yb^{3+} concentration (b). The maximal value of each ratio is normalized.

concentration are obtained in terms of $\text{Tm}^{3+}(^3\text{H}_4)/[\text{Tm}^{3+}(^3\text{F}_4)\text{Yb}^{3+}(^2\text{F}_{5/2})\tau_2]$ and plotted in Fig. 6a and b, respectively. One can find in Fig. 6a that $c_2+k_2+l_2$ increases with increasing x and it is saturated for $x > 0.005$. In view of the low population of $\text{Tm}^{3+}:^3\text{F}_4$ level under weak excitation condition in our case, c_2 is independent on n_1 , k_2 is only dependent on Yb^{3+} concentration, and l_2 is dependent on Tm^{3+} concentration. Accordingly, the enhanced $c_2+k_2+l_2$ on increasing x is attributed to the increment of l_2 due to the excitation diffusion among excited Tm^{3+} in the $^3\text{F}_4$ level. The $c_2+k_2+l_2$ increases by 3.9 times with increasing x from 0.0005 to 0.001, and by 6.3 times for $x > 0.005$. The subsequent saturation can be explained as the reach of the transfer limit where the diffusion among donors is much more rapid than transfer to acceptors, which is easily achieved because the concentration of the acceptor, $\text{Tm}^{3+}:^3\text{F}_4$ is very low [32]. A similar increase trend of $c_2+k_2+l_2$ on increasing y is also observed, as shown in Fig. 6b. A linear increase appears on increasing y up to 0.08, and a saturation behavior is observed for $y > 0.08$, reflecting the feature of k_2 and the transfer limit. The $c_2+k_2+l_2$ increases by 6.6 times with increasing y from 0.001 to 0.04 and 11.1 times for $y > 0.08$. One may find that the value of c_1+k_1 increases by 500 times with increasing Yb^{3+} concentration from 0 to 0.1 while $c_2+k_2+l_2$ only increases by 11.1 times. It can be explained as follows. The concentration of Tm^{3+} is fixed at a low value 0.1 mol%, which will lead the population of the intermediate level of $\text{Tm}^{3+}:^3\text{F}_4$ much lower than 0.1 mol% under weak excitation condition. In this case, k_2 could be more easier to reach saturation than k_1 , and it may have started at an even lower Yb^{3+} concentration (maybe at $y < 0.01$), if the population of $\text{Tm}^{3+}:^3\text{F}_4$ level is low enough. The linear relationship of k_2 with the donor concentration was expected by dexter based on dipole-dipole energy transfer between donors and between a donor and an acceptor [22]. It is concluded that the excitation diffusions among Yb^{3+} ions and among Tm^{3+} ions substantially enhance the rate of energy transfer from Yb^{3+} to Tm^{3+} and thus dominate the energy transfer upconversion in Tm^{3+} and Yb^{3+} codoped Lu_2O_3 with the optimized concentrations of 0.1 mol% Tm^{3+} and 4 mol% Yb^{3+} for the strongest upconverted NIR emission.

4. Conclusions

The energy transfer upconversion process in $\text{Lu}_2\text{O}_3:\text{Tm}^{3+}, \text{Yb}^{3+}$ in the infrared region are investigated in detail as a function of dopant concentration. From the dependence of the emissions intensities of $\text{Tm}^{3+}:^3\text{F}_4, ^3\text{H}_4$ levels and $\text{Yb}^{3+}:^2\text{F}_{5/2}$ level on Tm^{3+} and/or Yb^{3+} concentration, the optimal doping concentration for the

upconverted NIR emission around 811 nm is determined to be 0.1 mol% Tm^{3+} and 4 mol% Yb^{3+} . The energy transfer efficiency (η_{ET}) from Yb^{3+} to Tm^{3+} can reach up to 83% for the optimized doping concentration. Based on the steady state equations, it is concluded that the total coefficient of the first step energy transfer increases linearly with Tm^{3+} concentration and quadratically with Yb^{3+} concentration. Notably, it increases by 500 times when Yb^{3+} concentration increases from $y = 0.001$ to $y = 0.1$. Moreover, the total coefficient of the second step energy transfer increases with Tm^{3+} concentration and reaches the saturation at $x > 0.005$, while it increases with Yb^{3+} concentration and reaches the saturation at $y > 0.08$ due to the rapid transfer rate limit.

The results indicate that the excitation diffusions among Yb^{3+} ions and among Tm^{3+} ions substantially enhance the rate of energy transfer from Yb^{3+} to Tm^{3+} and thus dominate the energy transfer upconversion process. The optimized upconverted NIR emission around 811 nm may find its applications in various fields like bio-imaging. Besides, the discussions in $\text{Lu}_2\text{O}_3:\text{Tm}^{3+}, \text{Yb}^{3+}$ can provide additional theoretical understanding of the step energy transfer upconversion process.

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